

FOR THE OCEAN TOUR 2022 REPORT



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Foreword

Projekwaste started from two like-minded youths wanting to keep beaches clean, not expecting to grow out of little Long Beach, but yet here we are today! Tackling environmental issues in this climate crisis has never been more crucial, and challenges never seem to stop coming our way. Yet, our greatest gratitude goes to every single soul who took part in our movements, activities, believing in our cause, supporting our (sometimes) ridiculous requests, and we certainly wouldn't have continued to bloom without our team of diverse, talented and amazing volunteer members. Big hearts!

FTOT was one of our biggest event ever, with over 30 participants, volunteers and collaborators coming all the way to Perhentian to take part in a 2D1N program, for the purpose of saving the ocean. We were shocked to see the overwhelming reaction from everyone eager to take action and create change, but most of all excited to learn more about ocean conservation

We would also like to thank all the sponsors for this event including event spaces, diving facility, boat transfers, merchandise, perks, etc., this event will never have succeeded without the tremendous support from the community in Perhentian and beyond.

Thank you once again, and we hope to see you in the next FTOT in 2023.

Founders of ProjekWaste, Zen & Marcus



Introduction

Established in 2020, ProjekWaste is a volunteer-led community based in Long Beach Pulau Perhentian, Malaysia striving to raise awareness and take action in environmental sustainability. We aim to protect and sustain the marine ecosystem through nature conservation, waste reduction, and environmental education. ProjekWaste have conducted many beach cleanups in Malaysia, but we do not limit ourselves to beach cleanups, but also cleanups in other locations where the issue of waste management is vital.

Overall, we have led and partnered in 35 cleanups in Malaysia. Through #ProjekWasteBEYOND, we aim to provide guidance and outreach, and instill a collective sense of responsibility among the society in working towards preserving and taking action for our planet Earth.

For The Ocean Tour 2022 is our first biggest event executed. With the involvement of 16 partners and sponsors, and 20 passionate and like-minded participants, this event was a success, and valuable impact have been brought through the activities carried out during the event.

Executive Summary

For The Ocean Tour 2022 took place on the 27th and 28th August 2022 at Long Beach, Perhentian Kecil Island, Malaysia. This event was participated by 20 participants which comprises 13 divers and 7 non-divers. 9 members of ProjekWaste were involved on-site during the event. 8 impactful activities were executed which included 2 underwater cleanups, snorkeling cleanups, hiking cleanup, workout session, sustainable talk, DIY Upcycled Coaster workshop, and beach cleanup. The generosity and help from 16 partners and sponsors have brought more impact to these activities carried out.

**27th & 28th August
2022**

**Long Beach,
Perhentian Kecil
Island**

20 Participants

**9 ProjekWaste
members on-site**

**8 impactful
activities**

**16 partners &
sponsors**

Activities

Day 1 (27th August 2022)

The first day of For The Ocean Tour 2022 commenced with a warm welcoming from members of ProjekWaste. The opening ceremony took place at Below The Surface Dive Center at 2.00 pm. A short and fun ice-breaking game was conducted with ProjekWaste members and all the participants.



During the next activity, the participants were segregated into divers and non-divers. The 13 diver participants went for a shore checkout dive at 3.00 pm. Meanwhile, the non-diver participants went for a snorkeling cleanup session.



In the evening, a sustainable talk on menstrual health and menstrual cups were given by Alyssa Ng, the founder of Breeze For You. Informative insights were shared by Alyssa regarding the benefits of menstrual cups, especially in relation to sustainability and responsible waste footprint.



The sustainable talk was followed with a beach cleanup which involved all participants as well as volunteers from the public and staff and tourists on the island. Around 25 kg of trash were successfully collected from the beach cleanup.

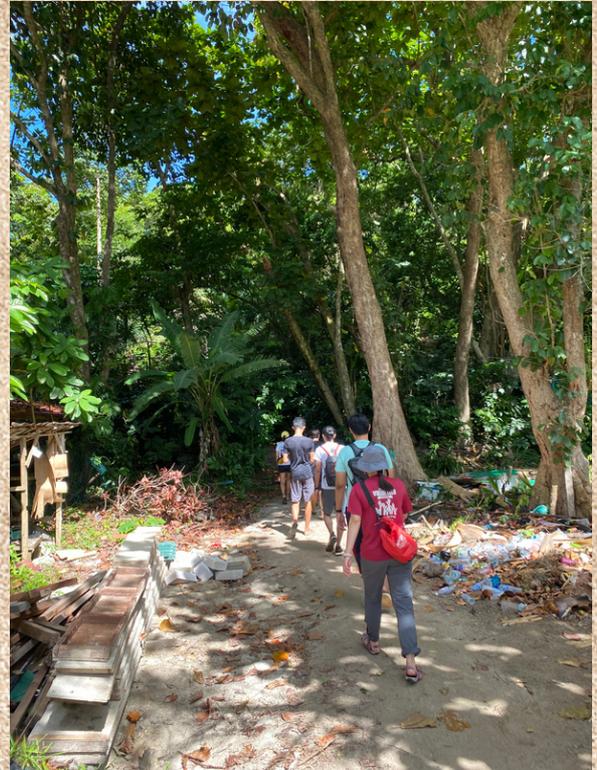


Day 2 (28th August 2022)

For the diver participants, the second day of the event was commenced with an underwater cleanup dive at 10.00 am. The divers were segregated into two groups where they ventured to one of the diving locations with two boats. A second underwater cleanup was conducted in the afternoon. Around 40 kg of trash were collected from both of the underwater cleanups.



As for the non-diver participants, they participated in a windmill hike cleanup. They collected 25 kg of trash along their hiking trip.



In the afternoon, the non-diver participants took part in a workout session with Coach Kay at Aman dan Laut Resort.



During the last activity of the event, all participants took part in a DIY Upcycled Coaster workshop. The workshop was conducted at Bubu Resort at 4.00 pm and was led by Zen, the co-founder of ProjekWaste. Participants were given hands-on demonstration to make their own coasters that were made with reusable plastic lid moulds as well as microplastics.

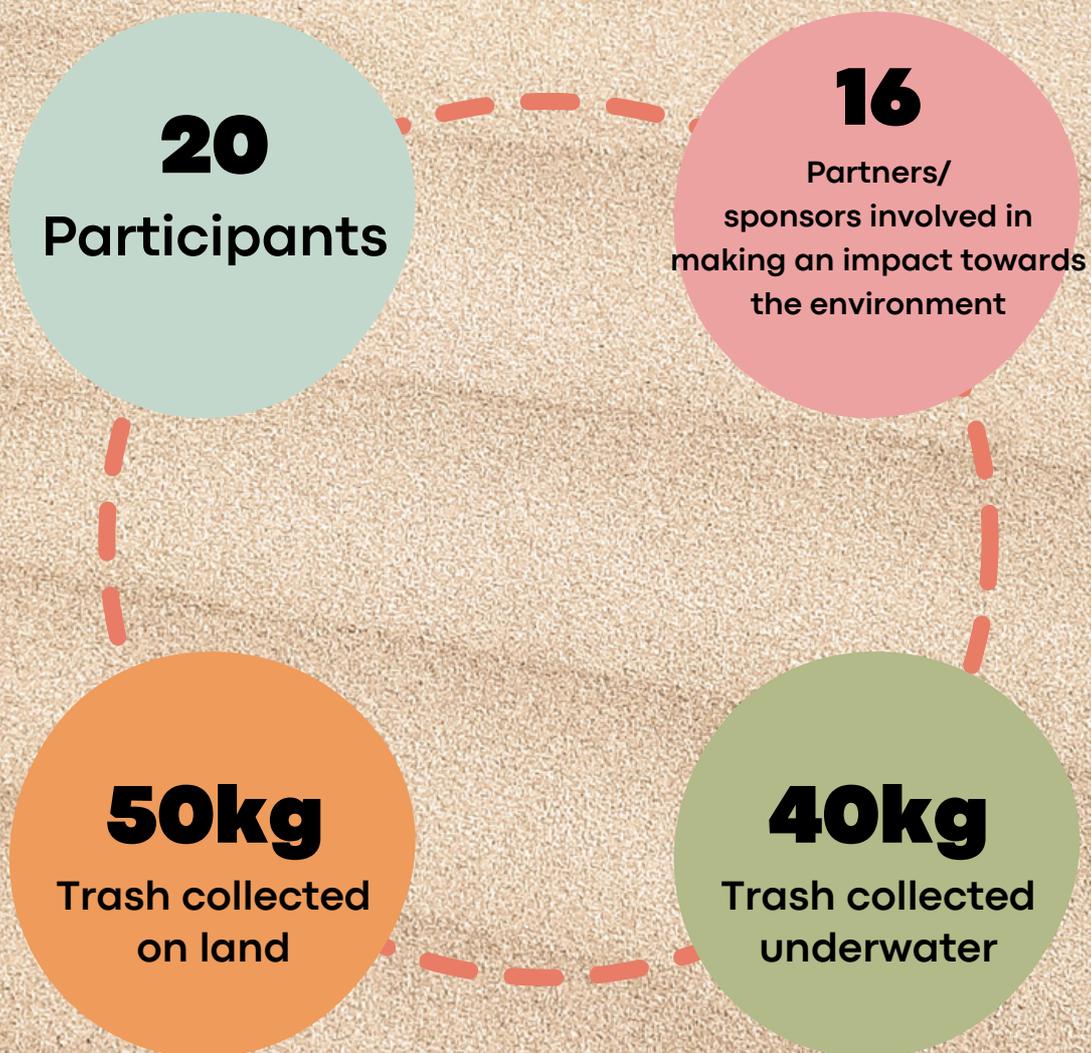


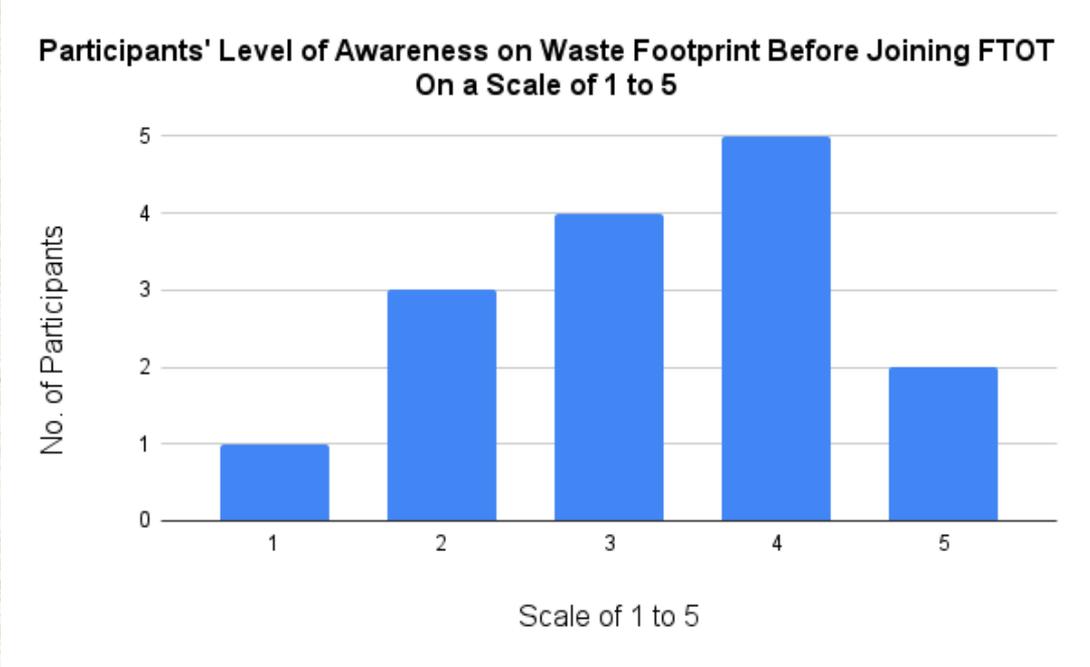
For The Ocean Tour 2022 ended with parting words and expression of gratitude and thanks from members of ProjekWaste. The closing ceremony took place at Joe's Bar at 7.00 pm.



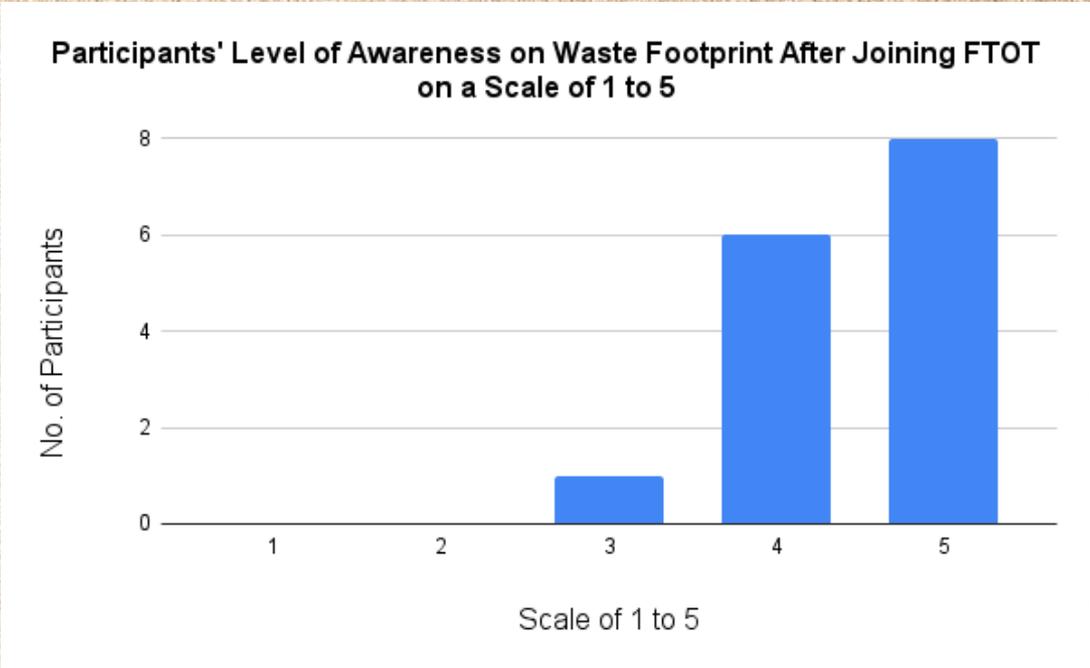
Impact Measurement

A summary of the impact made from For The Ocean Tour 2022 is presented as below:





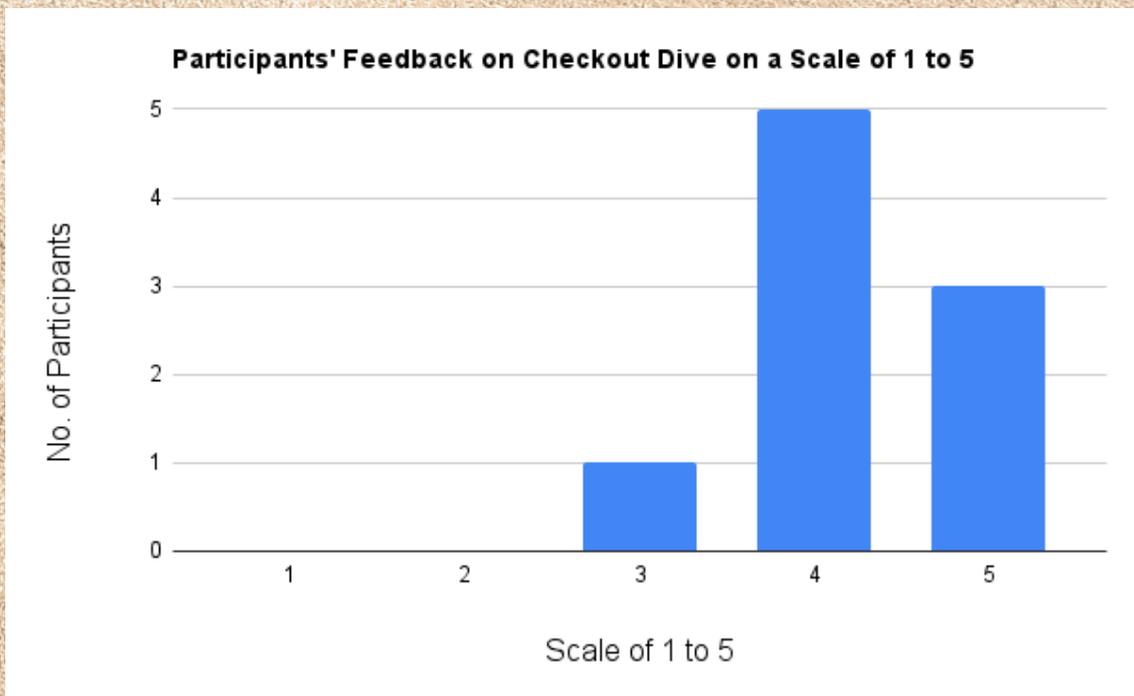
One-third of all the participants (33.33%) shared that they had 'high' level of awareness regarding waste footprint before joining For The Ocean Tour. 26.7% of them had an average level of awareness. Meanwhile, 20% of the participants had a 'low' level of awareness on waste footprint. 13.3% shared that they had 'very high' level of awareness. Only one participants stated that their level of awareness on waste footprint is 'very low'.



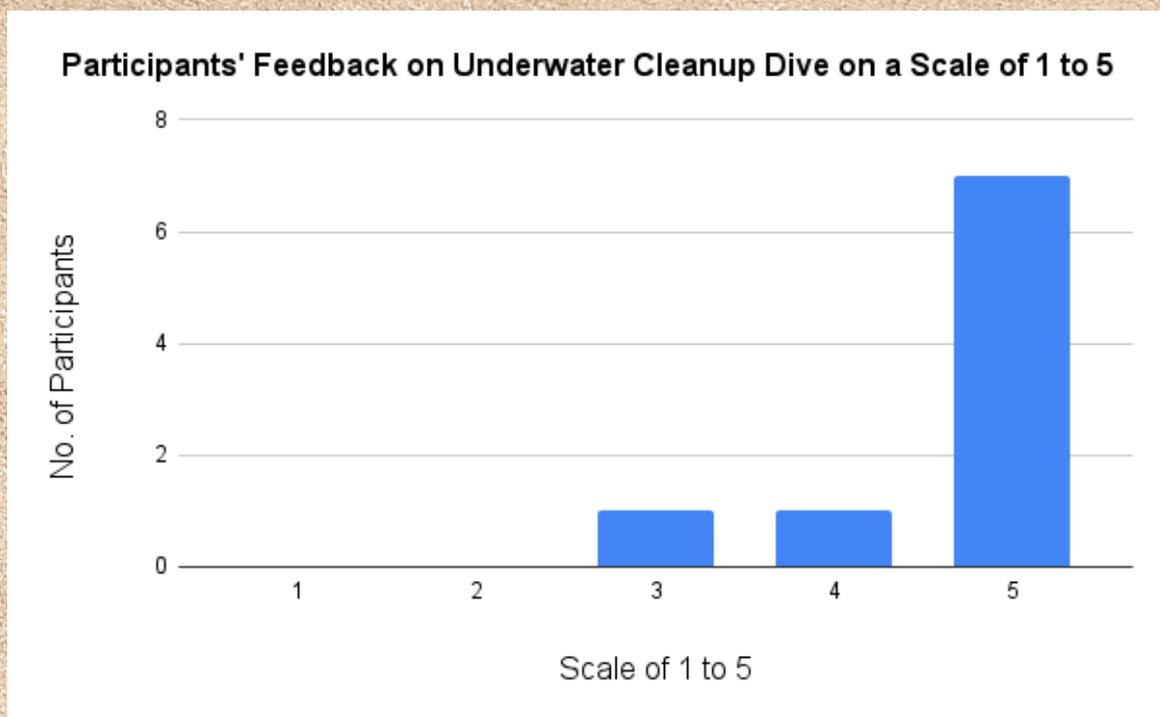
The majority of the participants (53.3%) shared that they received a 'very high' level of awareness regarding waste footprint after joining For The Ocean Tour. meanwhile, 40% of them shared that they had 'high' level of awareness. Only one participant stated that they had an average level of awareness on waste footprint,

Post-programme Feedback Survey

The following are results from the post-programme survey from diver participants:



The majority of the diver participants (55.6%) shared that the checkout dive was 'good'. Meanwhile, 33.3% of them found the checkout dive to be 'very good'. Only one participant stated that the activity was average.



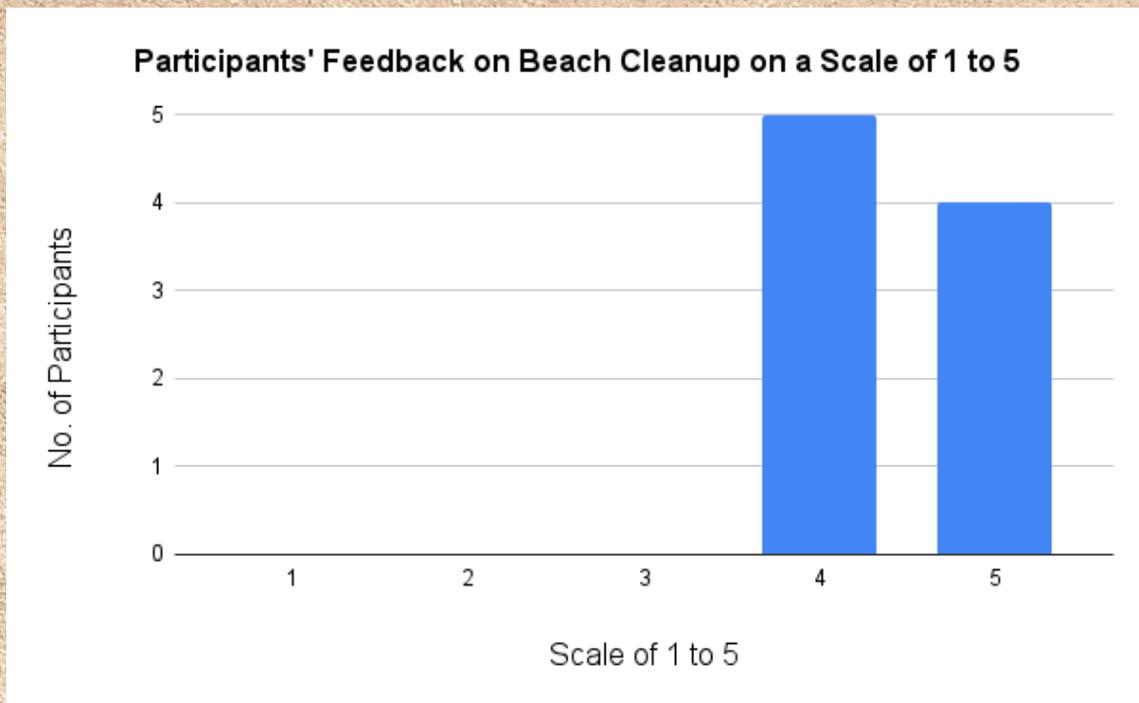
More than three-quarters of the diver participants (77.8%) found the underwater cleanup to be 'very good'. Meanwhile, one participant shared that the underwater cleanup was 'good'. Similarly, one participant also shared that the activity was average.

Feedback from diver participants:

"Thanks so much for the arrangement, provided a quick refresher practice and arranged a check-in dive to make sure everyone is okay and comfortable. Personally would like to thank Marcus, the dive instructor, and Ash, my divemaster/buddy for the diving activities - thanks for the diving guidance, I think I have improved my diving skills a little after this trip. Overall the diving activities were awesome!"

"Could organise more dives. It was a great experience with good guidance."

"It was a great exposure for a first timer like me. Would be great if we could do more underwater cleanups."

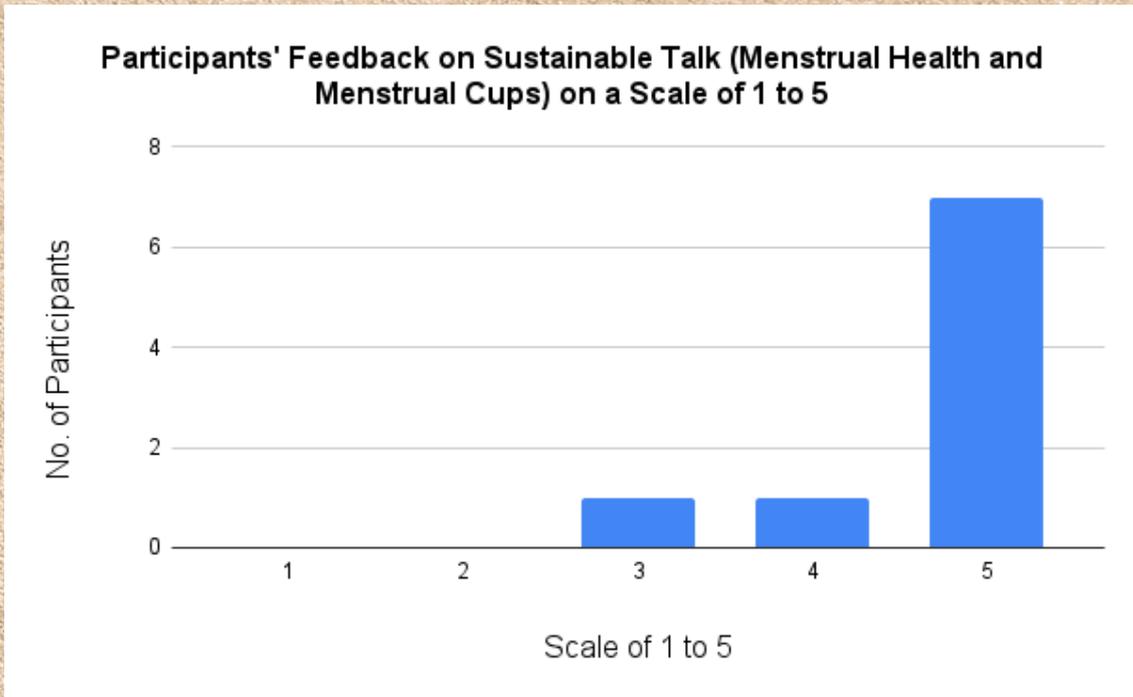


55.6% of the participants shared that the beach cleanup was 'good' Meanwhile, 44.4% of them found the beach cleanup to be 'very good'.

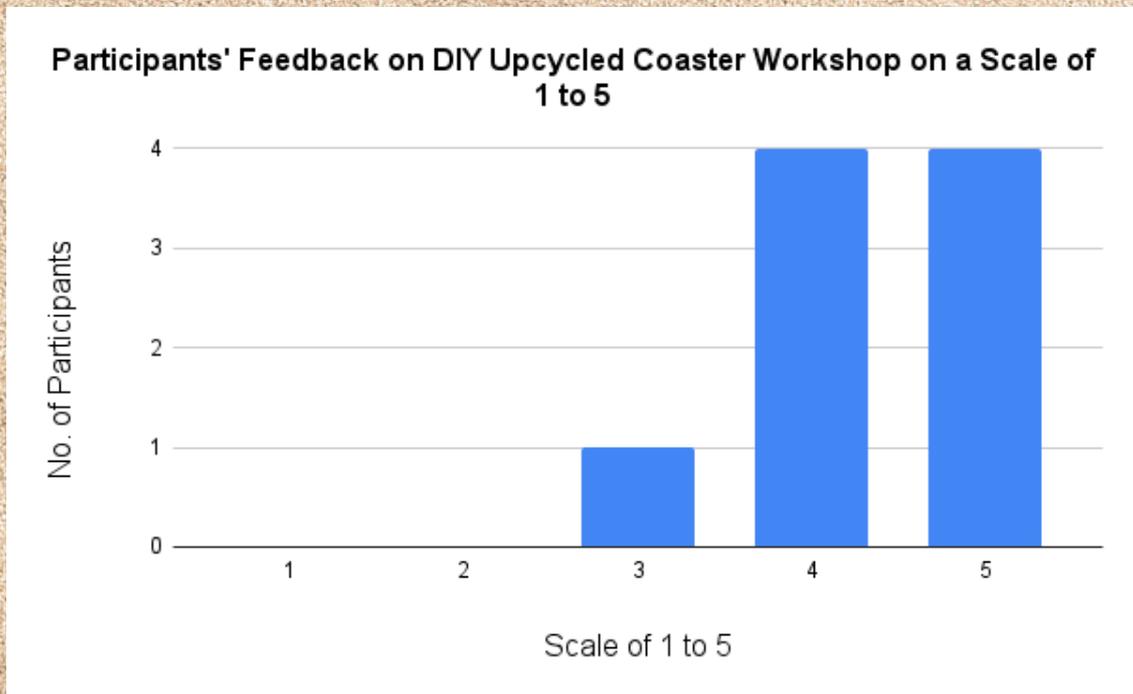
Feedback from participants:

"A good awareness campaign for tourists on the beach."

"Although we all know that clean-up is not the only solution to the overall waste issue, but it is still an effort to reduce the waste to be in the environment and also raise awareness among the locals and the tourists about it. Glad that segregation taken place in the beginning, which is so so important and much easier to manage the clean-up."

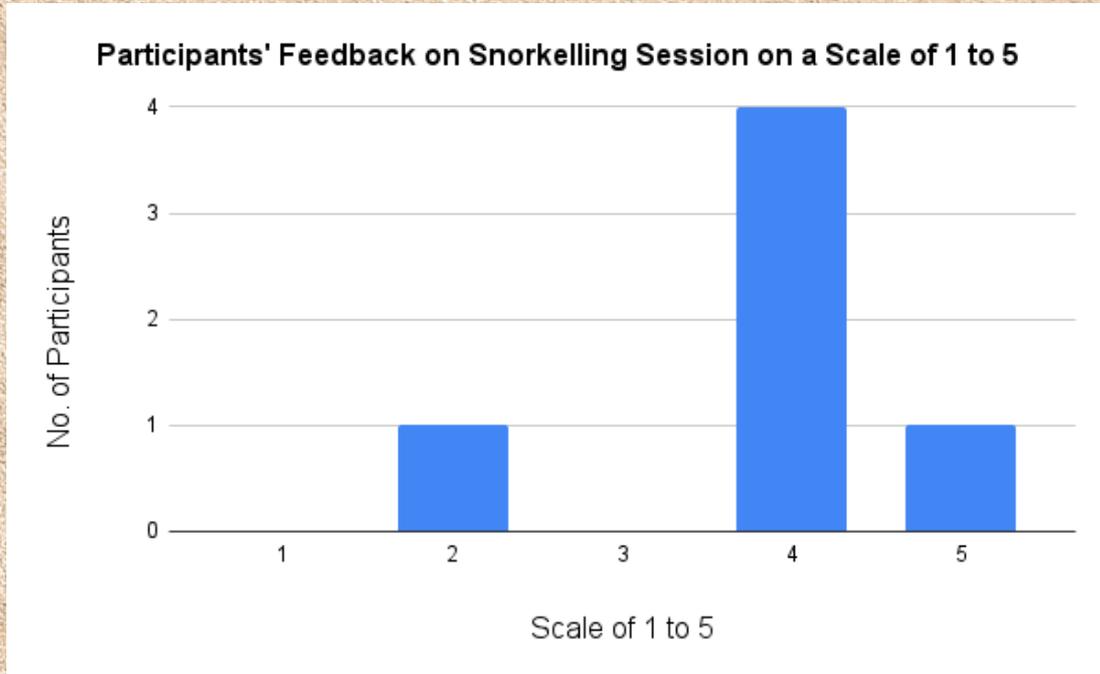


More than three-quarters of the participants (77.8%) shared that the sustainable talk on menstrual health and menstrual cups was 'very good'. Only one participant found the sustainable talk to be 'good', Similarly, one participant stated that the activity was average.

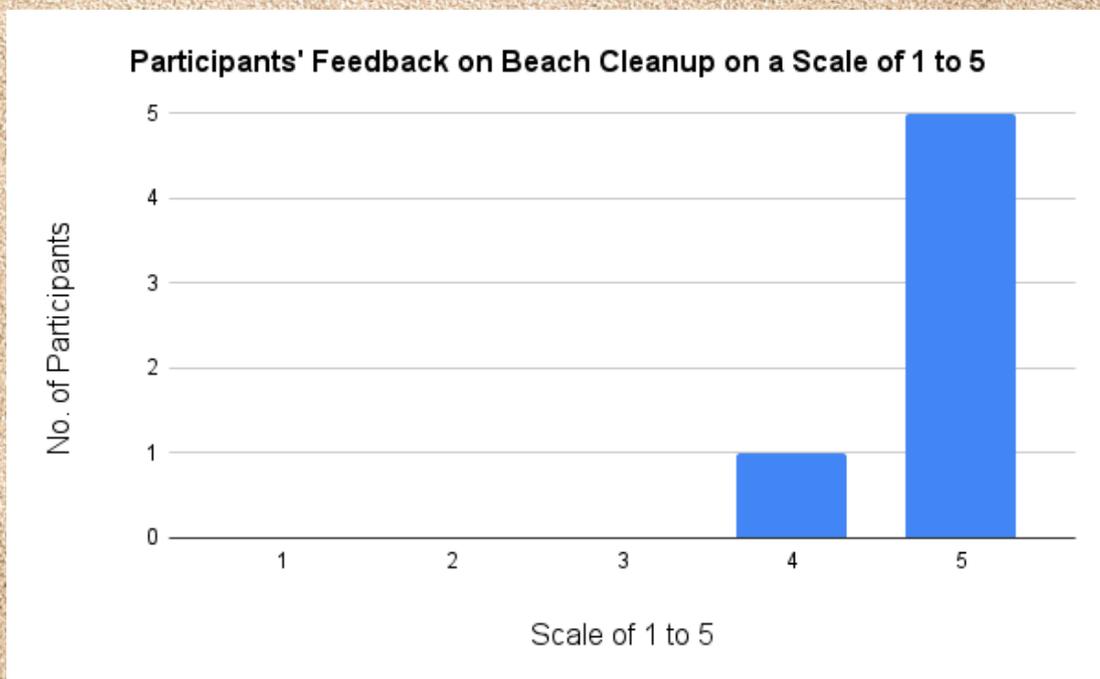


44.4% of the participants shared that the DIY Upcycled Coaster workshop was 'very good'. Similarly, the same percentage of participants also found the workshop to be 'good'. Only one participant stated that the workshop was average.

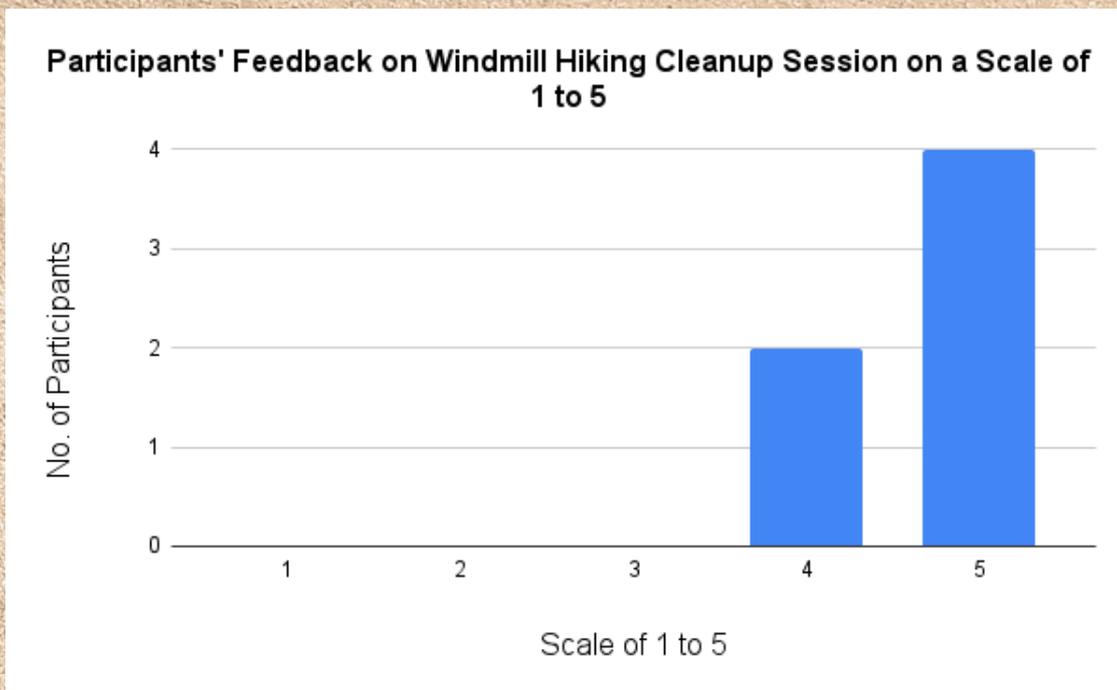
The following are results from the post-programme survey from **non-diver participants**:



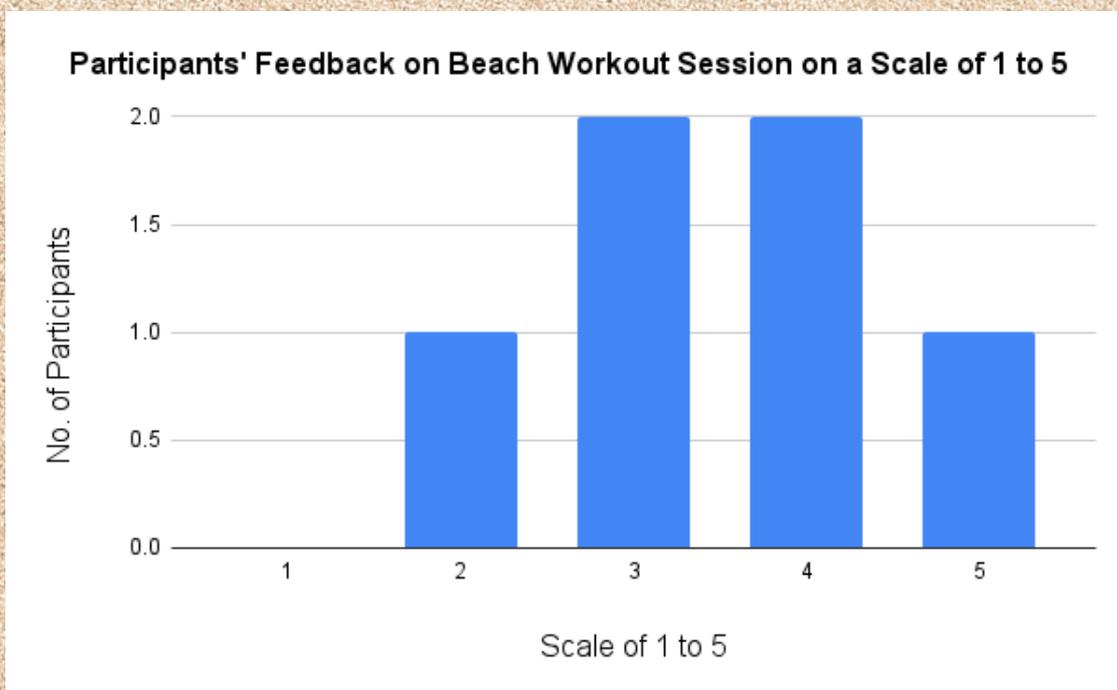
The majority of the non-diver participants (66.7%) shared that the snorkeling session was 'good'. One participant found the activity to be 'very good'. Only one participant stated that the snorkeling session was 'bad'.



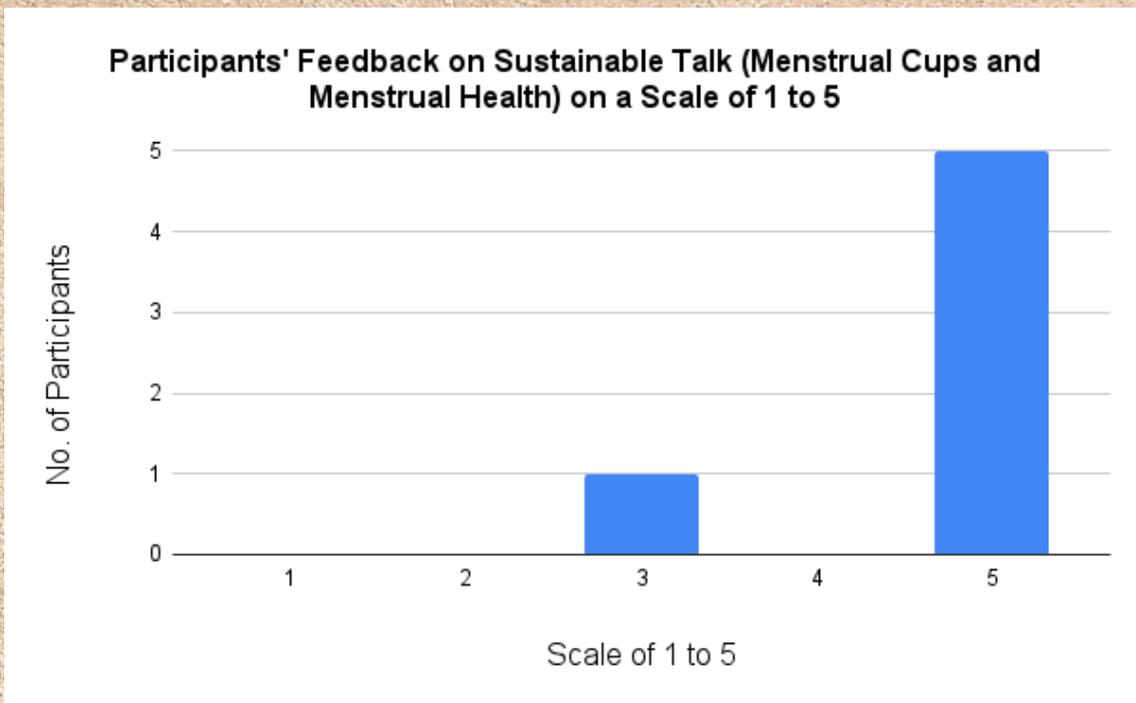
More than three-quarters of the participants (83.3%) found the beach cleanup to be 'very good'. Only one participant stated that the beach cleanup was 'good'.



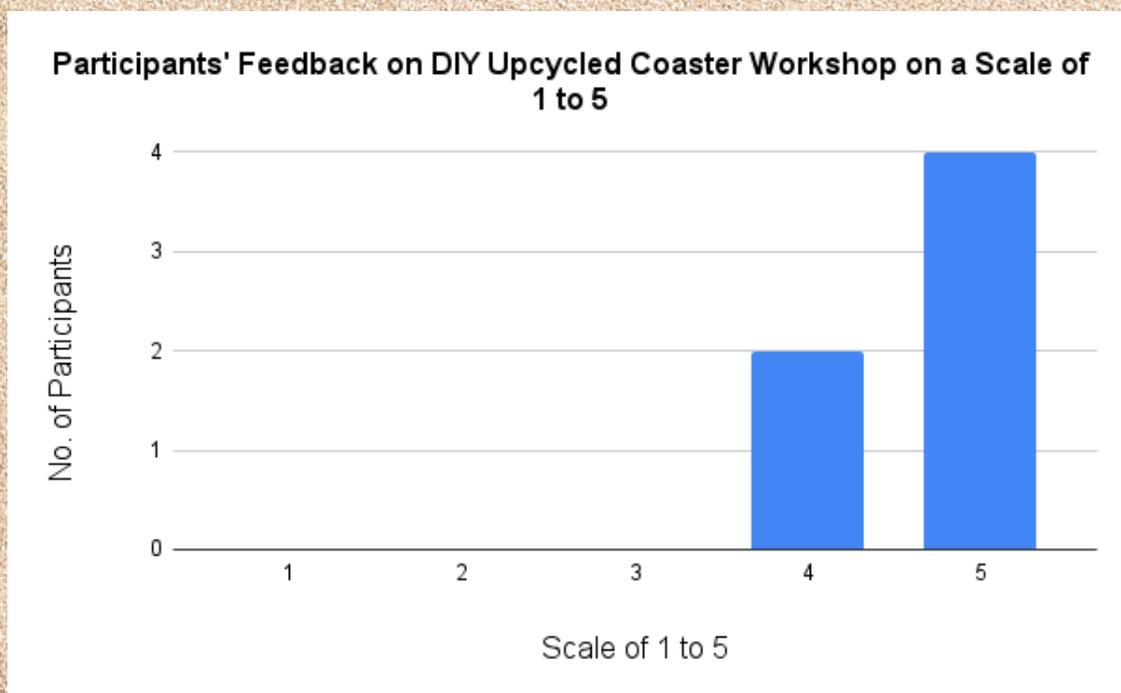
The majority of the non-diver participants (66.7%) shared that the windmill hiking cleanup session was 'very good'. Meanwhile, the remaining 33.3% of them found the activity to be 'good'.



One-third of the participants (33.3%) shared that the beach workout session was 'good'. Similarly, the same amount of participants found the activity to be average. Meanwhile, one participant shared that the beach workout session was 'very good'. Only one participant stated that the activity was 'bad'.



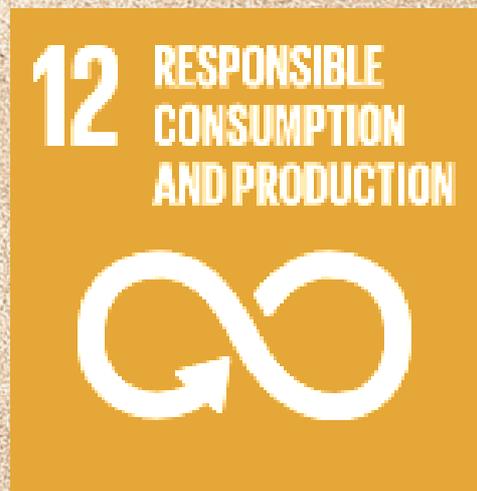
The majority of the participants (83.3%) shared that the sustainable talk on menstrual cups and menstrual health was 'very good'. Meanwhile, only one participant found the sustainable talk to be average.



66.7% of the participants shared that the DIY Upcycled Coaster workshop was 'very good'. The remaining 33.3% of the participants found the workshop to be 'good'.

Sustainable Development Goals

The activities conducted throughout this event are aligned with the following Sustainable Development Goals (SDG) as set by the United Nations:



Partners and Sponsors



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